

LMLA Northern Virginia Chapter

September Chapter Newsletter – 7 Items in 97 Seconds

The average human memory has the capacity to retain seven items in short term memory at one time. As a busy professional, your time and memory space are valuable.

Take 97 seconds and note our chapter news.

1. August Meeting – What you missed!

If you have a management or leadership position in your line of sight at Lockheed Martin Corporation, you needed to be at this meeting. Lloyd Parker, IS&S Director of Employment, and Tina Schetcher, IS&S Director of Research Engineering, dazzled our members with a straight forwarded presentation of what values, skills, and mind sets are key to leadership positions and offered some creative ideas on how to develop them. Members walked away with action items to fine tune their career development plans and to complete the online Full Spectrum self-assessment found on LMPeople. The first step to developing yourself is to understand where you need to begin.

2. September 26th Meeting (Tomorrow) - Mentoring: Why & How

5-7pm @ 7415 Boston Blvd.in Springfield, Virginia

Call in option will be available. 1-866-209-6438 Participant Code: 444659

At our last meeting, our speakers suggested mentoring as a great resource for your professional development. To help you better understand what mentoring is and how it can benefit you, our speaker is going to share with us how to get involved with mentoring, regardless of what line of business you work in.

We will also roll out a **new benefit developed just for LMLA Chapter 538 members!** Its called the Mentor Match Advisor. More details will be provided at the meeting.

3. October 18th Meeting @ 5pm– DO NOT MISS THE NETWORKING EVENT OF THE YEAR! MEMBERS ONLY – RSVP REQUIRED

Do not miss your chance to hear James Kennedy, the Director of the Kennedy Space Center speak to LMLA members and Corporate Executives. This joint chapter event will be hosted at the Lockheed Martin Headquarters at 6801 Rockledge Drive in Bethesda, MD. All Lockheed Corporate staff have been invited to attend. As an LMLA member, you will have the rare opportunity to hear directly from one of Lockheed's key customers AND to network with Lockheed Martin Executives all at one event. Flex your schedules and make the trip to Bethesda because it will be well worth it. If there is one meeting you come to this year, this should be it! Meeting notice to follow soon.

4. SAVE THE EMAIL SPACE

Moving forward, any attachments or presentation materials for a meeting will only be sent out to those who RSVP as attending the meeting. If you would like a copy of the presentation materials, they will be available on the chapter IPE site

at: http://ipewss.iss.lmco.com/sites/NOVA_LMLA_538/default.aspx . If you have any problems accessing this site, please contact me.

5. Are you ready to be a leader?

Our LMLA chapter has a number of opportunities to take on lead roles in short term and long term projects to develop and build our chapter. If you are looking for a way to stretch your skills and make some great connections across the company as well, please contact me.

6. Work/Life Balance

Did you know it is estimated that up to one million Chinese die from “karoshi” a year? Karoshi is the Japanese term for death from overwork. Don’t become a victim!

Take a vacation!

7. NMA Reminder – Let’s not forget what we are all a part of

Vision Statement

NMA is the recognized worldwide partnership of people and businesses inspiring outstanding leadership, and cultivating highly productive workplaces.

Mission Statement

The mission of the NMA is to provide management and leadership development opportunities and related chapter activities which meet the needs of members and contribute to the effectiveness of sponsoring organizations.

Statement of Principles

NMA is dedicated to managerial excellence, personal and professional growth, and leadership development. The following principles identify NMA's core beliefs and provide the basis for the Association's Mission Statement.

- We believe in the highest standards of personal and organizational integrity and respect for the individual.
- We believe in lifelong learning, continuous improvement, and the development of a workforce capable of sustaining a competitive posture in the global economy.
- We believe management is a creative, dynamic, and essential process enabling people to achieve personal and organizational objectives.
- We believe that managerial responsibility is shared among all individuals at all levels of the organization and that leadership is critical to management success.
- We believe that individuals and organizations have a community and civic responsibility.